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"This institution is an equal opportunity provider."

March 2026



Stirring Up Goodness

National CACFP Week is March 15-21, 2026

CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Association. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care.

This year, we're highlighting how the CACFP is **Stirring Up Goodness** across the country, with its positive impact and the people who make it happen, one meal at a time.

Here are some ideas for promoting awareness of the CACFP:

- » Plan an activity with children. Take a picture to send to your U.S. Congressperson and Senators along with a short note about how the CACFP helps promote lifelong healthy eating habits in young children. You can find activity pages on cacfpweek.org or more ideas by following us on social media @NationalCACFP.
- » Send a parent newsletter home with children so their families can review how the CACFP supports good nutrition and physical activity in child care. Members can download one at cacfpweek.org.
- » Talk with the children about how eating nutritious foods now will help them to be healthier adults later. Example: "Eating foods that are good for you will help you stay healthy and strong."
- » Make a commitment to improve menus during March, also National Nutrition Month, by:
 - Serving more whole fruits and vegetables.
 - Building more colorful plates.
 - Adding new foods to the menu.
 - Swapping out one food item a week with a local product.

"The CACFP makes a significant difference by supporting families. Though the positive effects of the CACFP are often felt rather than seen, the impact is undeniable."

www.facebook.com/NationalCACFP

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REMINDERS!!

Submit your claim on the last day you are providing care for the month.

Call or email the SAME DAY you are having KidKare issues.

Check KidKare messaging for the direct deposit date and important ongoing updates.

Contact your advisor or the office if you will be closed.

Submit pending CRF's by the 25th of each month.

Read emails daily.

Cauliflower Popcorn

- 4 C. cauliflower florets, chopped
- 2 T. vegetable oil
- ¼ C. parmesan cheese, shredded
- 1 tsp. garlic powder
- 1 tsp. onion powder
- ½ tsp. paprika



Preheat oven to 425°F. Grease or line a sheet pan with parchment paper. Chop cauliflower into bite-sized pieces and place in a large bowl. Add all the ingredients into the same bowl and toss until cauliflower pieces are fully coated. Place on sheet pan and bake for 25 minutes, making sure to move them around halfway through. Once cauliflower is golden brown, remove from oven; serve warm.

Snack Suggestion:

Cauliflower Popcorn & Clementines

**Be sure to open and read your
KidKare messages DAILY!**

*Remember to **mail or email any pending CRF's right away** when a child starts in your care. **Waiting until the end of the month could result in loss of reimbursement.***

REACTIVATING A CHILD - If you need to reactivate a child, please be sure to call or email the office **BEFORE** the day the child starts back in your care. **Waiting until the day the child starts could result in the child not being activated until the next business day and you could possibly miss out on reimbursement for the child that day.**

2025 Tax Statement

Your CACFP tax information is easily accessible to you! You are able to view and print your 2025 tax information for your December 2024 to November 2025 claims paid in 2025. This report will give you all the information needed for your food program income for the year. Please call the office if you have any questions regarding your 2025 tax information.

To run your tax report from KidKare go to:

REPORTS ~ CLAIM STATEMENTS ~ TAX REPORT ~ 2025 ~ RUN

CACFP Best Practice:

Make at least one of the two required components of a snack a fruit or a vegetable.

We would like to WELCOME

Miriam Guedes of Lexington

to the Provider's Network Family!

We are excited to be working with you and your child care!

THANK YOU to Esmelda Amarante of Lexington

for her provider referral. Esmelda will receive a \$50.00

Visa Gift Card for her referral.

You can receive a \$50.00 Visa Gift Card for any new eligible providers you refer to PNI. Please contact us with any questions and make sure your referral provider gives us your name when they call to sign up.

**Be kind. We all
have peelings!**



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