



**Provider's  
Network Inc.**

**[www.pnicacfp.org](http://www.pnicacfp.org)**

*"This institution is an equal opportunity provider."*

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## REMINDERS!!

Submit your claim on the last day you are providing care for the month.

Call or email the SAME DAY you are having KidKare issues.

Check KidKare messaging for the direct deposit date and important ongoing updates.

Contact your advisor or the office if you will be closed.

Submit pending CRF's by the 25th of each month.

Read emails daily.

April 2026



### When you are experiencing issues with KidKare....

We understand that occasionally, individuals may experience difficulties accessing KidKare. If this issue is isolated to a few users, it is likely not a site-wide problem but rather an issue on your end. Please follow the steps below if the site is functioning properly but you are unable to gain access:

- 1) Ensure that your device has all the latest updates installed.
- 2) Verify that your Wi-Fi connection is active.
- 3) Clear your browser history.
- 4) Manually enter [KidKare.com](http://KidKare.com) in your browser's search bar and re-enter your user number and password.
- 5) Avoid using a pre-saved bookmark to access the KidKare site, as updates can sometimes compromise the bookmark path, leading to issues such as a spinning wheel, a white screen, or an inability to log in.
- 6) If you are still unable to access the site after following these steps, please contact KidKare support directly at [support@kidkare.com](mailto:support@kidkare.com) for further assistance.

**If you continue to experience access issues after attempting these troubleshooting methods, or if KidKare support is unable to resolve the issues by the same evening, please call and leave a message to let us know. Additionally, email your meals and attendance to [lbrown@pnicacfp.com](mailto:lbrown@pnicacfp.com) by 11:59 pm on the SAME DAY.**



You can put your menus into KidKare in advance, allowing you to just enter children's attendance each day. It's great if you plan your meals in advance! Just remember to edit any components as you go if you have menu changes along the way.

**CLOSING FOR THE SUMMER - If you plan to close your day care for the summer, please contact Lara in the office ASAP and let us know when your last day of care in May will be, and when you plan to re-open again in August.**



## 5 Fun Ways to Encourage Milk

*"Milk in my cup, sip, sip, hooray!  
It helps me grow in every way.  
It gives me strength to run and play,  
I love my milk every day!"*

- ① **Milk Moo-stache Moments** - snap silly photos of kids (with parent permission) with milk mustaches and display them.
- ② **Make It A Smoothie Day** - blend milk with fruits like bananas or berries as part of a nutritious breakfast.
- ③ **Special Cups Just For Milk** - let kids personalize their milk cups with stickers or their names to make drinking milk feel special. Add extra excitement by giving each child a silly straw that's only used for milk.
- ④ **Milk Chant** - create a short, catchy chant about milk to sing before meal or snack time. Use the one above or make up your own.
- ⑤ **Milk Calendar Adventure** - track milk drinking with stickers or stamps. Celebrate when the group hits a goal with a fun dance, game, or story.

**Children 1 to 2 years of age are  
REQUIRED to have WHOLE MILK.**

**Children over the age of 2 are  
REQUIRED to have 1% or SKIM MILK.**

**2% milk is NOT allowed in CACFP.  
Do not serve to avoid deductions!**

**We email all CACFP correspondence through  
KidKare messaging. Please open and read your  
KidKare messages daily so you don't miss out on  
important CACFP information such as the monthly  
newsletter or the direct deposit date!**



## CACFP Best Practice:

**Only serve unflavored milk  
to all day care children.**

### Top Spring Activities to Rejuvenate Your Body and Mind

*As the days grow longer and the weather warms, spring is the perfect time to release those winter blues and rejuvenate body and mind. Here are some top spring activities to refresh your spirit and invigorate your health journey!*

- ① **Nature Walks and Hiking** - Spring offers a colorful backdrop for nature walks and hiking. As you walk or hike through blossoming landscapes, you'll not only burn calories and strengthen your muscles but also improve your mental health.
- ② **Gardening** - Gardening is a grounding activity that connects you with the earth and the cycle of life. Whether you're planting a vegetable garden or tending to flowers, gardening can reduce stress, improve mental clarity, and provide a sense of accomplishment. Additionally, growing your own produce ensures a fresh, organic supply of fruits and vegetables.
- ③ **Outdoor Yoga and Meditation** - Embrace the serenity of spring by practicing yoga and meditation outdoors. The combination of fresh air, natural sounds, and gentle sunlight enhances the experience, allowing for deeper relaxation and mindfulness.
- ④ **Seasonal Eating for Vibrant Health** - Spring brings a bounty of fresh fruits and vegetables, each packed with essential vitamins, minerals, and antioxidants. Embrace seasonal eating by incorporating asparagus, strawberries, peas, and leafy greens into your diet. Seasonal eating not only supports local farmers and reduces your carbon footprint but also provides your body with the nutrients it needs to thrive.
- ⑤ **Spring Cleaning for Mental Clarity** - Spring cleaning isn't just about tidying your physical space; it's also an opportunity to declutter your mind. Clearing out old, unused items can create a sense of order and space, leading to reduced stress and increased productivity.

*Remember, the key to a healthy lifestyle is balance and consistency, so find activities that you enjoy and make them a part of your spring ritual. Embrace this season of growth and let it inspire you to reach new heights in your wellness journey!*